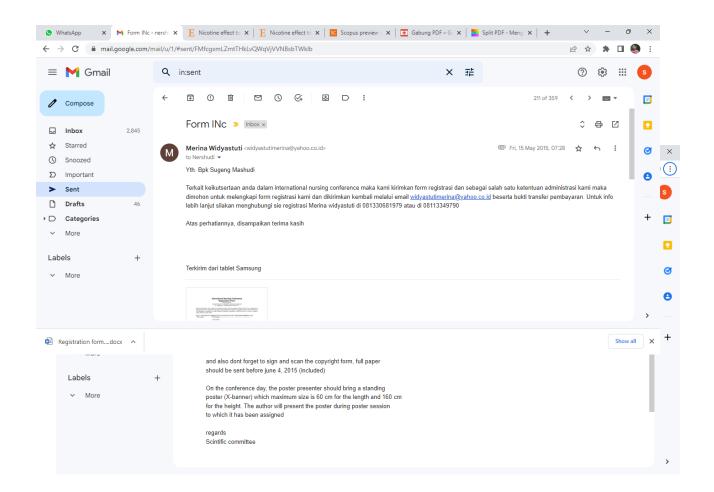


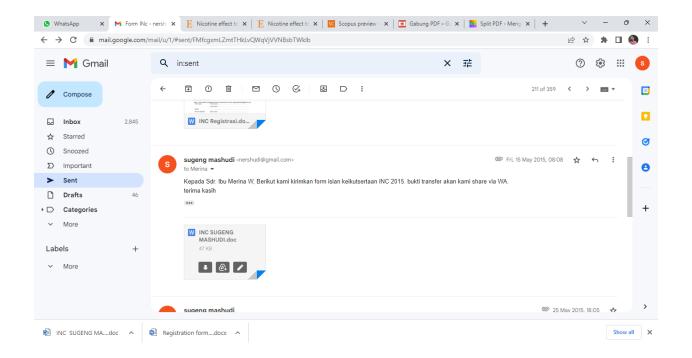
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BUKTI KORESPONDENSI 1. Submite dan Registrasi Ke International Nursing Conference (INC) 15 Mei 2015 2. Submite Bukti Keikutsertaan INC 15 Mei 2015 3. Mengirimkan Abstrak 25 Mei 2015 4. Accepted Artikel di INC 27 Mei 2015 5. Penngumpulan Artikel dari INC 3 Juni 2015 6. Mengirim Artikel lengkap 7 Juni 2015 7. Artikel Terbit di Procceding INC 30 Desember 2015

1. Submite dan Registrasi Ke International Nursing Conference (INC) 15 Mei 2015



2. Submite Bukti Keikutsertaan INC 15 Mei 2015



International Nursing Conference Registration Form

Please return to Sekolah Tinggi Ilmu Kesehatan Hang Tuah Surabaya Jl. Gadung no 1 Surabaya telp 0318411721

Persons interested in the Conference subjects are kindly invited to register, Please book for your conference by filling the form below, specify the expected number joining the conference. Registered persons will be informed of any alterations in deadlines or other pertinent Conference information, should they occur. In order to register, please follow the steps below

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Admission to all plenary sessions

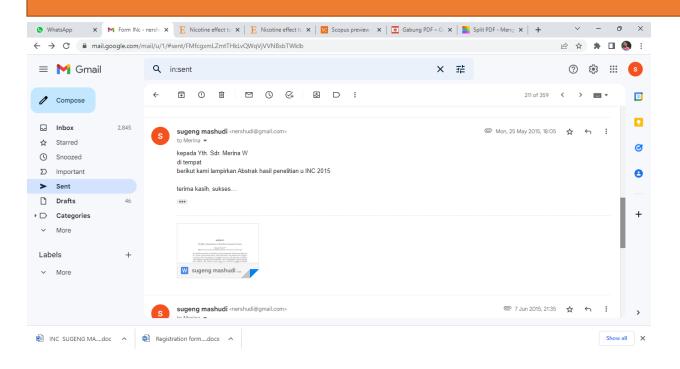
Admission to both oral and poster sessions Conference materials (bag, pen, notes, cd)

We thank you for your interest in participating at our conference

Coffee break Attendance and/or author certificate Lunch buffet

We thank you for your interest in participating at our conference

3. Mengirimkan Abstrak 25 Mei 2015



ABSTRACT

The Effect of Feeding Rules to Weigh Body Changing In Childrent

Sugeng Mashudi* *Health Sciences Faculty Muhammadiyah University of Ponorogo

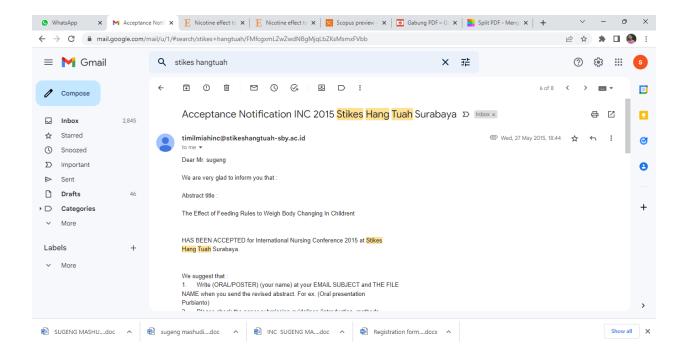
An imbalance nutrition in childrent at risk of malnutrition. Nutrition problem due to a variety of interrelated factors. One of the factors that influence the caregiver awaerness about the important of adequate nutrition. The aplication of feeding rules program can help childrent establish warm relationships with their parents and caregivers. The objective of this study was to analysze the effect of feeding rules program changing to weight on PKK play group and PGRI play group sampung Ponorogo.

This study used pra experimental design, population from the childrent who were study on PKK play group and PGRI Play Group Sampung Ponorogo. Sampling technique used random sampling, the sample is taken just which suitable with inclusion creteria, whith the total sample 48 childrent. The independet variabel in this research is feeding rules and dependent variabel is the weight of childrent. The data were collected by using questionaire and dacin. Then the data is analyzed by using Paired t Test at significance of p = 0.05.

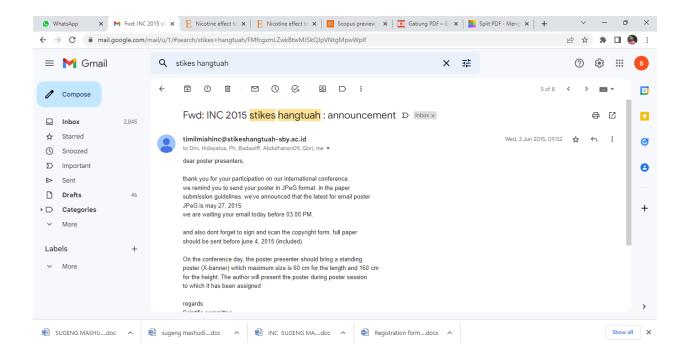
The result showed that feeding rules on the changing weigh (p=0.00). Feeding rules program from nurse will help the childrent in increasing the quality of nutrition. Further study feeding rules applied on Goverment Health Services so the childrent will have a good status nutrition.

The Key Words: childrent, feeding rules, caregivers, ponorogo

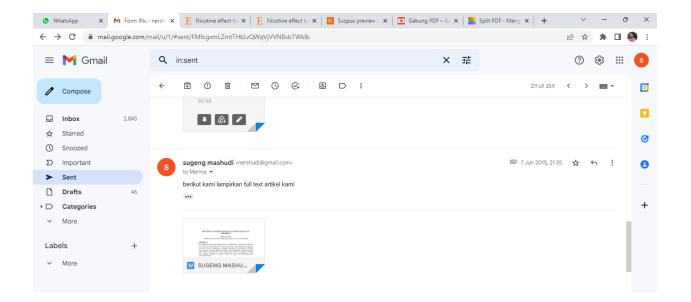
6. Accepted Artikel di INC 27 Mei 2015



Pengumuman penerimaan Artikel dari INC 3 Juni 2015



4. Mengirim Artikel lengkap 7 Juni 2015



THE EFFECT OF FEEDING RULES TO WEIGH CHANGING IN CHILDRENT

Sugeng Mashudi* *Health Sciences Faculty Muhammadiyah University of Ponorogo

ABSTRACT

An imbalance nutrition in childrent at risk of malnutrition. Nutrition problem due to a variety of interrelated factors. One of the factors that influence the caregiver awaerness about the important of adequate nutrition. The aplication of feeding rules program can help childrent establish warm relationships with their parents and caregivers. The objective of this study was to analysze the effect of feeding rules program changing to weight on PKK play group and PGRI play group sampung Ponorogo.

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INTRODUCTION

Optimum nutrition of childrent the most important determinants of their health, growth and development. Feeding rules is benefical to infant, mother, family and society, and viewed as the biological and social norm for infant and young child feeding (Australian Health Minister's Conference. 2010). Good feeding practices will prevent malnutrition and early growth retardation (Michaelsen, KF, et.All, 2003). Biological indicators are sometimes useful for assessing nutrition status, and some may provide an early indication of a spesific nutrien deficiency. Weight is one eception, beause simple and relatively inexpensive field meansurement methods have been developed. The objective of this study was to analysze the effect of feeding rules program changing to weight on PKK play group and PGRI play group sampung Ponorogo.

METHOD

This study used pra experimental design, population from the childrent who were study on PKK play group and PGRI Play Group Sampung Ponorogo. Sampling technique used random sampling, the sample is taken just which suitable with inclusion creteria, whith the total sample 48 childrent. The independet variabel in this research is feeding rules and dependent variabel is the weight of childrent. The data were collected by using questionaire and dacin. Then the data is analyzed by using Paired t Test at significance of p = 0.05.

HASIL

a. Characteristics of Respondents by Age

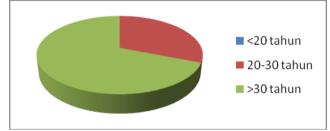


Diagram 1. Frequency Distribution of Respondents by Age

The above data shows that most small or 9 respondents (31.03%) were aged 20-30 years and most or 20 respondents (68.96%) aged> 30 years.

b. Characteristics of Respondents by Education Level

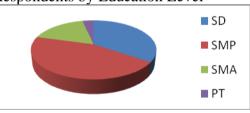


Diagram 2. Frequency Distribution of Respondents by Education Level

The above data shows that most or 13 respondents (44.82%) and a small junior high school education or 5 respondents (17.24%) high school educated, SD 10 respondents (34.48%) and 1 respondent (3.44%) College educated.

c. Characteristics of Respondents by Job

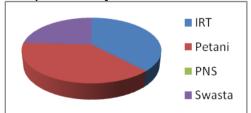


Diagram 3. Frequency Distribution of Respondents by Job

The above data shows that most of the mothers or 11 respondents (37.93%) worked as a farmer and a housewife and a small portion or 7 respondents (24.13%) to private employees.

Statistical value	Pre test	Post test
Ν	28	28
minimum	12,5	24,2
maximum	13,4	24,7
Mean	1,57	1,61
SD	2,7	2,6
Statistical test	P=0.00	
Pairet t test		

Table 1. Effect of feeding rules on body weight infants

Based on the table above is based on a statistical test paired t test p = 0.00, there is influence between feeding rules to changes in body weight infants.

DISCUSSION

Based on Table 1 shows that based on statistical test paired t test P value = 0.00 means that there is influence between feeding rules to changes in body weight infants.

Pattern of improper feeding can cause difficulty eating toddlers (Widodo, R. 2010). The role of the caregiver is crucial toddler diet. A good diet will affect the nutritional status of children.

Feeding health education focuses on three aspects of the rules that allow caregivers better understand the importance of nutrition in infants. Feeding three aspects of rules that toddler eating schedule, conducive environment and proper feeding procedures. In terms of feeding schedule rules, there are four important points: 1) there is a regular eating schedule; 2) The only provision that allowed an unscheduled snack; 3) mealtime should not be more than 30 minutes and; 4) does not offer anything between meals, except water. On the environmental front, there are three important points feeding rules, namely: 1) a comfortable environment and there is no compulsion to eat; 2) put the bases under the seat so that food does not fall apart; 3) did not play while eating. In terms of procedure there are six important points feeding rules, namely: 1) gives small portions; 2) give solid food first, and only then liquid diet; 3) give impetus to want to eat their own children; 4) get rid of the food after 10-15 minutes when toddlers play and did not want to eat; 5) end the meal if a toddler angry and throws his food; 6) cleans the mouth toddler toddlers finished just after eating.

Health education toddler feeding rules on caregivers showed changes in consciousness (awareness), emerging interest (interest), their assessment (evaluation), the desire to try (trial), and finally acceptance (adoption) on self-sitter (Roger Everret, 2003), Research in the USA concluded there is a relationship between feeding patterns of parents nutritional status of children under five with the (Ventura AK & Brich LL. 2008). Terdapat difference nutritional status of children with eating problems before and after counseling with the feeding rules (Kadarhadi, E. 2012). Also according to Darwati et. All. (2014), there is a significant increase in the nutritional status of early childhood development with eating problems after being given nutritional counseling with

rules and methods of feeding SDIDTK stimulation for 4 months in IHC Jayapura district.

Application of rules affect the feeding patterns of feeding infants toddlers become better caregivers that condition are also affect nutritional status of children. There the results of nutritional status before health education most children who have poor nutritional status and less increased to good nutritional status. So that health education can be seen feeding rules influenced the nutritional status of children aged 4-5 years..

CONCLUSSION

Feeding program rules changes affect the nutritional status of children. Feeding program rules affecting 5 caregiver aspects ranging from the consciousness (awareness), emerging interest (interest), assessment (evaluation), the desire to try (trial), and finally caregivers toddler acceptance (adoption) feeding program rules.

SUGGESTION

Necessary to the application of rules in caregiver program feeding infants by health workers in the health center Sukorejo Ponorogo.

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Buku Kedokteran EGC.





Proceeding Book

THE 1st INTERNATIONAL NURSING CONFERENCE

"Complementary Nursing Issues and Updates in 2015" STIKES Hang Tuah Surabaya

Surabaya-Indonesia, June 6, 2015

SEKOLAH TINGGI ILMU KESEHATAN Hang Juah SURABAYA Preceeding book The 1st International nursing Conference

Complementary Nursing Issue and Updates in 2015

STIKES Hang Tuah Surabaya June, 6th 2015

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GREETING FROM COMMITTEE PRESIDENT

On behalf of the commite it is very special honour to be your host in the first International nursing conference, which proides especially to student with an opportunity to share their ideas througt their selected paper on the theme " Complementary Nursing Issues and Updates in 2015

The Conference brings together academicians, practitioners, researcher as much as 200 participants from different provinces in Indonesia and different countries such as Malaysia, Japan and Republic of Tiongkok. So by gathering and interacting each of attendes here, I do believe that the fruit of this conference will contribute surely to nursing.

Finally, I congratulate those whose selected papers are included in the International proceeding, and I also would like to thank to the attendance keynote spaker, expertise, the committee and to all the participants.

<u>Ns. Puji Hastuti, M.Kep</u> Committee President

CONGRATULATORY MESSAGE

It is a great honor for me to extend this opportunity to welcome all of you to International Nursing Conference 2015. This conference is organized by STIKES Hang Tuah Surabaya with a theme "*Complementary nursing Issues and Updates in 2015*". This is the first time for STIKES Hang TuahSurabaya to hold an International nursing Conference, and I do believe we may have other conferences that contribute to the development of nursing sciences.

This conference is timely and relevant in light of challenges we are facing in the next years ahead. It is to be noted that the ASEAN Economic Community will be due on the December 31st, 2015, allowing seven professions including nursing practitioners to work and practice across ASEAN countries, although further preparations under Mutual Recognition Arrangements (MRA) are still required.

On behalf of the institution STIKES Hang Tuah Surabaya, I would like to express my highest appreciation to the committee, who organized this International Nursing Conference 2015. It is my pleasure to warmly welcome all of you to this event, and also cordially welcome all overseas speakers to share their knowledge and experiences to all participants.

Eventually, I am confident that with the preparation and cooperation of all participants, the presence of distinguished guest speakers, the first international Nursing conference 2015 will be of great success.

Please enjoy your stay in Surabaya and wish you a wonderful time and valuable experiences from this event. Once again, It is our sincere thanks to all of you for taking time to join us.

Thank you.

<u>Wiwiek Liestyaningrum, M.Kep</u> The Head of STIKES Hang Tuah Surabaya

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