

DAFTAR PUSTAKA

- Adnan, G., Singh, D. P., & Mahajan, K. (2025). Coronary Artery Thrombus. In *StatPearls*. <http://www.ncbi.nlm.nih.gov/pubmed/6709008>
- Akbar, H., Foth, C., Kahloon, R. A., & Mountfort, S. (2025). Acute ST-Segment Elevation Myocardial Infarction (STEMI). In *StatPearls*. <http://www.ncbi.nlm.nih.gov/pubmed/10987628>
- Akbar, H., Foth, C., Kahloon, R., & Mountfort, S. (2024). *Acute ST-Segment Elevation Myocardial Infarction (STEMI)*. StatPearls [Internet]. <https://www.ncbi.nlm.nih.gov/books/NBK532281/>
- Akpınar, R. B., Aksoy, M., & Kant, E. (2022). Effect of earplug/eye mask on sleep and delirium in intensive care patients. *Nursing in Critical Care*, 27(4), 537–545. <https://doi.org/10.1111/nicc.12741>
- Anita, A., Purwati, P., & Agustanti, D. (2023). Pemakaian Eye Mask dan Earplug Terhadap Kualitas Tidur Pasien Pra Operasi Laparatomi. *MAHESA : Malahayati Health Student Journal*, 3(4), 1148–1159. <https://doi.org/10.33024/mahesa.v3i4.10259>
- Aziz, L. F., & Warsono. (2022). Pengaruh Earplug Dan Eye Mask Terhadap Kualitas Tidur Pada Pasien Di Intensive Care Unit. *Prosiding Seminar Nasional UNIMUS*, 5, 1183–1191. <https://prosiding.unimus.ac.id/index.php/semnas/article/view/1287/1292>
- Basit, H., Malik, A., & Huecker, M. R. (2025). Non-ST-Segment Elevation Myocardial Infarction. In *StatPearls*. <http://www.ncbi.nlm.nih.gov/pubmed/30747764>
- Blume, C., Garbazza, C., & Spitschan, M. (2019). Effects of light on human circadian rhythms, sleep and mood. *Somnologie*, 23(3), 147–156. <https://doi.org/10.1007/s11818-019-00215-x>
- Bucholz, E. M., Beckman, A. L., Krumholz, H. A., Krumholz, H. M., & Dr. Bucholz was affiliated with the Yale School of Medicine and Yale School of Public Health during the time that the work was conducted. (2016). Excess weight and life expectancy after acute myocardial infarction: The obesity paradox reexamined. *American heart journal*, 172, 173–181. <https://doi.org/10.1016/j.ahj.2015.10.024>
- Byrne, R. A., Rossello, X., Coughlan, J. J., Barbato, E., Berry, C., Chieffo, A., Claeys, M. J., Dan, G.-A., Dweck, M. R., Galbraith, M., Gilard, M., Hinterbuchner, L., Jankowska, E. A., Jüni, P., Kimura, T., Kunadian, V., Leosdottir, M., Lorusso, R., Pedretti, R. F. E., ... ESC Scientific Document Group. (2023). 2023 ESC Guidelines for the management of acute coronary syndromes. *European heart journal*, 44(38), 3720–3826. <https://doi.org/10.1093/eurheartj/ehad191>
- Ceasovschih, A., Mantzouranis, E., Dimitriadis, K., Sorodoc, V., Vlachakis, P. K.,

- Karanikola, A.-E., Theofilis, P., Koutsopoulos, G., Drogkaris, S., Andrikou, I., Valatsou, A., Lazaros, G., Sorodoc, L., & Tsioufis, K. (2024). Coronary artery thromboembolism as a cause of myocardial infarction with non-obstructive coronary arteries (MINOCA). *Hellenic Journal of Cardiology*, 79, 70–83. <https://doi.org/10.1016/j.hjc.2024.05.001>
- Chasens, E. R., Imes, C. C., Kariuki, J. K., Luyster, F. S., Morris, J. L., DiNardo, M. M., Godzik, C. M., Jeon, B., & Yang, K. (2021). Sleep and Metabolic Syndrome. *The Nursing clinics of North America*, 56(2), 203–217. <https://doi.org/10.1016/j.cnur.2020.10.012>
- Chaulin, A. M. (2022). The Metabolic Pathway of Cardiac Troponins Release: Mechanisms and Diagnostic Role. *Cardiology research*, 13(4), 190–205. <https://doi.org/10.14740/cr1351>
- Cheon, D. Y., Han, K. do, Lee, Y. J., Lee, J. H., Park, M. S., Kim, D. Y., Choi, J. H., Lee, S. J., Yu, K.-H., Han, S., Lee, S., & Lee, M. (2024). Association between physical activity changes and incident myocardial infarction after ischemic stroke: a nationwide population-based study. *BMC public health*, 24(1), 1241. <https://doi.org/10.1186/s12889-024-18724-2>
- Collet, J.-P., Thiele, H., Barbato, E., Barthélémy, O., Bauersachs, J., Bhatt, D. L., Dendale, P., Dorobantu, M., Edvardsen, T., Folliguet, T., Gale, C. P., Gilard, M., Jobs, A., Jüni, P., Lambrinou, E., Lewis, B. S., Mehilli, J., Meliga, E., Merkely, B., ... ESC Scientific Document Group. (2021). 2020 ESC Guidelines for the management of acute coronary syndromes in patients presenting without persistent ST-segment elevation. *European heart journal*, 42(14), 1289–1367. <https://doi.org/10.1093/eurheartj/ehaa575>
- Damluji, A. A., van Diepen, S., Katz, J. N., Menon, V., Tamis-Holland, J. E., Bakitas, M., Cohen, M. G., Balsam, L. B., Chikwe, J., & American Heart Association Council on Clinical Cardiology; Council on Arteriosclerosis, T. and V. B. C. on C. S. and A. and C. on C. and S. N. (2021). Mechanical Complications of Acute Myocardial Infarction: A Scientific Statement From the American Heart Association. *Circulation*, 144(2), e16–e35. <https://doi.org/10.1161/CIR.0000000000000985>
- Dharmawan, M., Hidayat, L. W., & Tiluata, L. J. (2019). Profil Infark Miokard Akut dengan Kenaikan Segmen-ST Di ICCU RSUD Prof W . Z . Johannes Kupang, Nusa Tenggara Timur, Januari-April 2018. *Jurnal Cermin Dunia Kedokteran*, 46(12), 727–730. <http://www.cdkjournal.com/index.php/CDK/article/view/391>
- Fan, Y., Wu, Y., Peng, Y., Zhao, B., Yang, J., Bai, L., Ma, X., & Yan, B. (2021). Sleeping Late Increases the Risk of Myocardial Infarction in the Middle-Aged and Older Populations. *Frontiers in cardiovascular medicine*, 8, 709468. <https://doi.org/10.3389/fcvm.2021.709468>
- Fang, C.-S., Wang, H.-H., Wang, R.-H., Chou, F.-H., Chang, S.-L., & Fang, C.-J. (2021). Effect of earplugs and eye masks on the sleep quality of intensive care unit patients: A systematic review and meta-analysis. *Journal of advanced nursing*, 77(11), 4321–4331. <https://doi.org/10.1111/jan.14914>

- Frangogiannis, N. G. (2015). Pathophysiology of Myocardial Infarction. *Comprehensive Physiology*, 5(4), 1841–1875. <https://doi.org/10.1002/cphy.c150006>
- Gao, X.-F., Kong, X.-Q., Zuo, G.-F., Wang, Z.-M., Ge, Z., & Zhang, J.-J. (2020). Intravascular Ultrasound-guided Versus Angiography-guided Percutaneous Coronary Intervention: Evidence from Observational Studies and Randomized Controlled Trials. *US Cardiology Review*, 14. <https://doi.org/10.15420/usc.2020.03>
- Gulia, K. K., & Kumar, V. M. (2018). Sleep disorders in the elderly: a growing challenge. *Psychogeriatrics: the official journal of the Japanese Psychogeriatric Society*, 18(3), 155–165. <https://doi.org/10.1111/psyg.12319>
- Gutlapalli, S. D., Pu, J., Zaidi, M. F., Patel, M., Atluri, L. M., Gonzalez, N. A., Sakhamuri, N., Athiyaman, S., Randhi, B., & Penumetcha, S. S. (2022). The Significance of Sleep Disorders in Post-myocardial Infarction Depression. *Cureus*, 14(10), e30899. <https://doi.org/10.7759/cureus.30899>
- Ha, E. T., Cohen, M., Fields, P. J., Van Daele, J., & Gaeta, T. J. (2020). The Utility of Echocardiography for Non-ST-Segment Elevation Myocardial Infarction: A Retrospective Study. *Journal of Diagnostic Medical Sonography*, 36(2), 121–129. <https://doi.org/10.1177/8756479319886572>
- Habibah, S. N. (2022). Hubungan Dislipidemia dengan Infark Miokard Akut pada Pasien Diabetes Melitus Tipe 2 di RS UNS. 2(1), 31–38. <https://digilib.uns.ac.id/dokumen/detail/85511/Hubungan-Dislipidemia-dengan-Infark-Miokard-Akut-pada-Pasien-Diabetes-Melitus-Tipe-2-di-RS-UNS>
- Hausenloy, D. J., & Yellon, D. M. (2013). Myocardial ischemia-reperfusion injury: a neglected therapeutic target. *Journal of Clinical Investigation*, 123(1), 92–100. <https://doi.org/10.1172/JCI62874>
- Hilliard, A. L., Winchester, D. E., Russell, T. D., & Hilliard, R. D. (2020). Myocardial infarction classification and its implications on measures of cardiovascular outcomes, quality, and racial/ethnic disparities. *Clinical cardiology*, 43(10), 1076–1083. <https://doi.org/10.1002/clc.23431>
- Hu, R.-F., Jiang, X.-Y., Chen, J., Zeng, Z., Chen, X. Y., Li, Y., Huining, X., Evans, D. J., & Wang, S. (2015). Non-pharmacological interventions for sleep promotion in the intensive care unit. *Cochrane Database of Systematic Reviews*, 2018(12). <https://doi.org/10.1002/14651858.CD008808.pub2>
- Hu, R.-F., Jiang, X.-Y., Hegadoren, K. M., & Zhang, Y.-H. (2015). Effects of earplugs and eye masks combined with relaxing music on sleep, melatonin and cortisol levels in ICU patients: a randomized controlled trial. *Critical Care*, 19(1), 115. <https://doi.org/10.1186/s13054-015-0855-3>
- Kanji, S., Mera, A., Hutton, B., Burry, L., Rosenberg, E., MacDonald, E., & Luks, V. (2016). Pharmacological interventions to improve sleep in hospitalised adults: a systematic review. *BMJ Open*, 6(7), e012108.

<https://doi.org/10.1136/bmjopen-2016-012108>

- Karimi, L., Rahimi-Bashar, F., Mohammadi, S. M., Mollahadi, M., Khosh-Fetrat, M., Vahedian-Azimi, A., & Ashtari, S. (2021a). The Efficacy of Eye Masks and Earplugs Interventions for Sleep Promotion in Critically Ill Patients: A Systematic Review and Meta-Analysis. *Frontiers in psychiatry*, 12, 791342. <https://doi.org/10.3389/fpsy.2021.791342>
- Karimi, L., Rahimi-Bashar, F., Mohammadi, S. M., Mollahadi, M., Khosh-Fetrat, M., Vahedian-Azimi, A., & Ashtari, S. (2021b). The Efficacy of Eye Masks and Earplugs Interventions for Sleep Promotion in Critically Ill Patients: A Systematic Review and Meta-Analysis. *Frontiers in Psychiatry*, 12. <https://doi.org/10.3389/fpsy.2021.791342>
- Karna, B., Tatikonda, A., & Sankari, G. (2023). *Sleep Disorder*. StatPearls [Internet]. <https://www.ncbi.nlm.nih.gov/books/NBK560720/>
- Kelli, H. M., Mehta, A., Tahhan, A. S., Liu, C., Kim, J. H., Dong, T. A., Dhindsa, D. S., Ghazzal, B., Choudhary, M. K., Sandesara, P. B., Hayek, S. S., Topel, M. L., Alkhoder, A. A., Martini, M. A., Sidoti, A., Ko, Y., Lewis, T. T., Vaccarino, V., Sperling, L. S., & Quyyumi, A. A. (2019). Low Educational Attainment is a Predictor of Adverse Outcomes in Patients With Coronary Artery Disease. *Journal of the American Heart Association*, 8(17). <https://doi.org/10.1161/JAHA.119.013165>
- Kemenkes RI. (2021). *Penyakit Jantung Penyebab Utama Kematian, Kemenkes Perkuat Layanan Primer*. Rilis Kementerian Kesehatan. <https://kemkes.go.id/id/rilis-kesehatan/penyakit-jantung-penyebab-utama-kematian-kemenkes-perkuat-layanan-primer>
- Kiliç, G., & Kav, S. (2023). Effect of using eye masks and earplugs in preventing delirium in intensive care patients: A single-blinded, randomized controlled trial. *Nursing in Critical Care*, 28(5), 698–708. <https://doi.org/10.1111/nicc.12901>
- Krittanawong, C., Khawaja, M., Tamis-Holland, J. E., Girotra, S., & Rao, S. V. (2023). Acute Myocardial Infarction: Etiologies and Mimickers in Young Patients. *Journal of the American Heart Association*, 12(18). <https://doi.org/10.1161/JAHA.123.029971>
- Kumar, A., Connelly, K., Vora, K., Bainey, K. R., Howarth, A., Leipsic, J., Betteridge-LeBlanc, S., Prato, F. S., Leong-Poi, H., Main, A., Atoui, R., Saw, J., Larose, E., Graham, M. M., Ruel, M., & Dharmakumar, R. (2024). The Canadian Cardiovascular Society Classification of Acute Atherothrombotic Myocardial Infarction Based on Stages of Tissue Injury Severity: An Expert Consensus Statement. *Canadian Journal of Cardiology*, 40(1), 1–14. <https://doi.org/10.1016/j.cjca.2023.09.020>
- Levine, G. N. (2022). Psychological Stress and Heart Disease: Fact or Folklore? *The American Journal of Medicine*, 135(6), 688–696. <https://doi.org/10.1016/j.amjmed.2022.01.053>

- Lian, X., Gu, J., Wang, S., Yan, J., Chen, X., Wang, M., Zhang, Y., & Wang, L. (2021). Effects of sleep habits on acute myocardial infarction risk and severity of coronary artery disease in Chinese population. *BMC Cardiovascular Disorders*, 21(1), 481. <https://doi.org/10.1186/s12872-021-02251-8>
- Lu, L., Liu, M., Sun, R., Zheng, Y., & Zhang, P. (2015). Myocardial Infarction: Symptoms and Treatments. *Cell biochemistry and biophysics*, 72(3), 865–867. <https://doi.org/10.1007/s12013-015-0553-4>
- Majidi, M., Eslami, V., Ghorbani, P., & Foroughi, M. (2021). Are women more susceptible to ischemic heart disease compared to men? A literature overview. *Journal of geriatric cardiology: JGC*, 18(4), 289–296. <https://doi.org/10.11909/j.issn.1671-5411.2021.04.004>
- Mampa, M., Wowor, R., & Rattu, A. J. . (2022). Analisis Penerapan Pelayanan Kesehatan Lanjut Usia di Puskesmas Pineleng pada Masa Pandemi Covid-19. *Jurnal Kesmas*, 11(4), 7–13.
- McCullar, K. S., Abbaspour, S., Wang, W., Aguirre, A. D., Westover, M. B., & Klerman, E. B. (2023). Timing of diuretic administration effects on urine volume in hospitalized patients. *Frontiers in physiology*, 14, 1208324. <https://doi.org/10.3389/fphys.2023.1208324>
- Mechanic, O. J., Gavin, M., & Grossman, S. A. (2025). Acute Myocardial Infarction. In *StatPearls*. <http://www.ncbi.nlm.nih.gov/pubmed/30269080>
- Medis, I. R. (2024). Prevalensi Kejadian Infark Miokard (STEMI-NSTEMI) RSU Muhammadiyah Ponorogo. In *RSU Muhammadiyah Ponorogo* (Vol. 24, Nomor 1).
- Młynarska, E., Czarnik, W., Fularski, P., Hajdys, J., Majchrowicz, G., Stabrawa, M., Rysz, J., & Franczyk, B. (2024). From Atherosclerotic Plaque to Myocardial Infarction—The Leading Cause of Coronary Artery Occlusion. *International Journal of Molecular Sciences*, 25(13), 7295. <https://doi.org/10.3390/ijms25137295>
- Moras, E., Yakkali, S., Gandhi, K. D., Virk, H. U. H., Alam, M., Zaid, S., Barman, N., Jneid, H., Vallabhajosyula, S., Sharma, S. K., & Krittanawong, C. (2024). Complications in Acute Myocardial Infarction: Navigating Challenges in Diagnosis and Management. *Hearts*, 5(1), 122–141. <https://doi.org/10.3390/hearts5010009>
- Moule, P., Armoogum, J., Douglass, E., & Taylor, D. J. (2017). Evaluation and its importance for nursing practice. *Nursing standard (Royal College of Nursing (Great Britain) : 1987)*, 31(35), 55–63. <https://doi.org/10.7748/ns.2017.e10782>
- Muchsin, E. nurhayati, Wibowo, D. A., Sunaringtyas, W., & Ilmika, R. V. (2023). Tingkat Stres Pada Lansia Yang Tidak Tinggal Serumah Dengan Keluarga. *Jurnal Salam Sehat Masyarakat (JSSM)*, 4(2), 22–28. <https://doi.org/10.22437/jssm.v4i2.25948>

- Murphy, B., Higgins, R., & Jackson, A. (2023). Incidence and impacts of post-cardiac event mental health problems. *Australian Journal of General Practice*, 52(11), 781–786. <https://doi.org/10.31128/AJGP-05-23-6828>
- Murphy, B., Le Grande, M., Alvarenga, M., Worcester, M., & Jackson, A. (2020). Anxiety and Depression After a Cardiac Event: Prevalence and Predictors. *Frontiers in Psychology*, 10. <https://doi.org/10.3389/fpsyg.2019.03010>
- Mythili, S., & Malathi, N. (2015). Diagnostic markers of acute myocardial infarction. *Biomedical reports*, 3(6), 743–748. <https://doi.org/10.3892/br.2015.500>
- Nabila Alyssia, & Nuri Amalia Lubis. (2022). Scooping Review: Pengaruh Hipertensi Terhadap Penyakit Jantung Koroner. *Jurnal Riset Kedokteran*, 73–78. <https://doi.org/10.29313/jrk.vi.1438>
- Nicolas, J., Soriano, K., Salter, B., Gross, C. R., Oloomi, M., & Dangas, G. (2023). Myocardial infarction after cardiac surgery: When to intervene? *The Journal of Thoracic and Cardiovascular Surgery*, 165(3), 1195–1201. <https://doi.org/10.1016/j.jtcvs.2021.08.074>
- Niiranen, T. J., McCabe, E. L., Larson, M. G., Henglin, M., Lakdawala, N. K., Vasan, R. S., & Cheng, S. (2017). Risk for hypertension crosses generations in the community: a multi-generational cohort study. *European heart journal*, 38(29), 2300–2308. <https://doi.org/10.1093/eurheartj/ehx134>
- Nikiforov, I., Shah, C., Kanukuntla, A. K., Vanjarapu, J. M. R., Singh, P., Tadepalli, S., Cheriya, P., & Nookala, V. (2021). Salt Consumption and Myocardial Infarction: Is Limited Salt Intake Beneficial? *Cureus*, 13(2), e13072. <https://doi.org/10.7759/cureus.13072>
- Nurhayati, N., Agung Waluyo, Yeni Rumyanti, Susy Puspasari, Nyayu Nina Putri Calisanie, Septa Permana, & Ramdhani. (2023). Manajemen Penyumbat Telinga Dan Masker Mata Terhadap Perubahan Kualitas Tidur Pasien Kritis Di Icu (Unit Perawatan Intensif): Studi Kasus. *Jurnal Ilmiah Keperawatan (Scientific Journal of Nursing)*, 9(3), 17–20. <https://doi.org/10.33023/jikep.v9i3.1586>
- Nurmala, S. M., & Kamil, A. R. (2019). Kualitas Tidur pada Pasien Infark Miokard Akut. *Indonesian Journal of Nursing Practices*, 2(1), 42–47.
- Ojha, N., & Dhamoon, A. (2024). *Myocardial Infarction*. StatPearls [Internet]. https://www.ncbi.nlm.nih.gov.translate.google/books/NBK537076/?_x_tr_sl=en&_x_tr_tl=id&_x_tr_hl=id&_x_tr_pto=tc
- Ojha, N., & Dhamoon, A. S. (2025). Myocardial Infarction. In *StatPearls*. <http://www.ncbi.nlm.nih.gov/pubmed/0>
- PERKI. (2024). *Pedoman Tata Laksana Sindrom Koroner Akut 2024*. 5. www.merckmanuals.com/professional/cardiovascular_
- PPNI. (2016). *Standar Diagnosis Keperawatan Indonesia: Definisi dan Indikator*

Diagnostik (PPNI (ed.); 1 ed.). DPP PPNI.

PPNI. (2018a). *Standar Intervensi Keperawatan Indonesia: Definisi dan Tindakan Keperawatan* (1 ed.). DPP PPNI.

PPNI. (2018b). *Standar Luaran Keperawatan Indonesia: Definisi dan Kriteria Hasil Keperawatan* (1 ed.). DPP PPNI.

Pricillia, A., Suprapti, S., & Pasaribu, R. P. (2021). Hubungan antara Hipertensi dengan Angka Kejadian Infark Miokard Akut pada Pasien Usia Lanjut di RSUP dr. Mohammad Hoesin Palembang Periode 2018-2019. *Sriwijaya Journal of Medicine*, 4(3), 181–185. <https://doi.org/10.32539/SJM.v4i3.136>

Ranthe, M. F., Petersen, J. A., Bundgaard, H., Wohlfahrt, J., Melbye, M., & Boyd, H. A. (2015). A detailed family history of myocardial infarction and risk of myocardial infarction--a nationwide cohort study. *PloS one*, 10(5), e0125896. <https://doi.org/10.1371/journal.pone.0125896>

Rathore, V. (2018). Risk Factors of Acute Myocardial Infarction: A Review. *Eurasian Journal of Medical Investigation*. <https://doi.org/10.14744/ejmi.2018.76486>

Reddy, S., Reddy, V., & Sharma, S. (2025). Physiology, Circadian Rhythm. In *StatPearls*. <https://doi.org/30137792>

Rezende, P. C., Ribas, F. F., Serrano Jr, C. V., & Hueb, W. (2019). Clinical significance of chronic myocardial ischemia in coronary artery disease patients. *Journal of Thoracic Disease*, 11(3), 1005–1015. <https://doi.org/10.21037/jtd.2019.02.85>

Riskesdas. (2018). Laporan Riset Kesehatan Dasar Nasional tahun 2018. In *Lembaga Penerbit Balitbangkes*.

Rokhmawan, U. R., Hernoko, A. Y., & Huda, M. K. (2020). Penguatan Rantai Survival Pasien Stemi. *Medica Majapahit*, 9(1), 84–107.

Salari, N., Morddarvanjoghi, F., Abdolmaleki, A., Rasoulpoor, S., Khaleghi, A. A., Hezarkhani, L. A., Shohaimi, S., & Mohammadi, M. (2023). The global prevalence of myocardial infarction: a systematic review and meta-analysis. *BMC Cardiovascular Disorders*, 23(1), 206. <https://doi.org/10.1186/s12872-023-03231-w>

Sateia, M. J. (2014). International Classification of Sleep Disorders-Third Edition. *Chest*, 146(5), 1387–1394. <https://doi.org/10.1378/chest.14-0970>

Sedaghat, Z., Khodakarim, S., Nejadghaderi, S. A., & Sabour, S. (2024). Association between metabolic syndrome and myocardial infarction among patients with excess body weight: a systematic review and meta-analysis. *BMC Public Health*, 24(1), 444. <https://doi.org/10.1186/s12889-024-17707-7>

Simonetto, C., Heier, M., Peters, A., Kaiser, J. C., & Rosplaszcz, S. (2022). From Atherosclerosis to Myocardial Infarction: A Process-Oriented Model Investigating the Role of Risk Factors. *American journal of epidemiology*, 191(10), 1766–1775. <https://doi.org/10.1093/aje/kwac038>

- Sivakumaran, K., Ritonja, J. A., Waseem, H., AlShenaiber, L., Morgan, E., Ahmadi, S. A., Denning, A., Michaud, D., & Morgan, R. L. (2022). Impact of Noise Exposure on Risk of Developing Stress-Related Metabolic Effects: A Systematic Review and Meta-Analysis. *Noise & health*, 24(115), 215–230. https://doi.org/10.4103/nah.nah_21_22
- Slavich, M., & Patel, R. S. (2016). Coronary artery spasm: Current knowledge and residual uncertainties. *International journal of cardiology. Heart & vasculature*, 10, 47–53. <https://doi.org/10.1016/j.ijcha.2016.01.003>
- Swaroop, G. (2022). Post-myocardial Infarction Heart Failure: A Review on Management of Drug Therapies. *Cureus*. <https://doi.org/10.7759/cureus.25745>
- Taha, I., Daly, T., Shah, K., Antoine, M. K., Puleo, P., Axelband, J., & Birsner, M. (2022). Spontaneous Coronary Artery Dissection Presenting As ST-Segment Elevation Myocardial Infarction. *Cureus*, 14(6), e25722. <https://doi.org/10.7759/cureus.25722>
- Tilea, I., Varga, A., & Serban, R. C. (2021). Past, Present, and Future of Blood Biomarkers for the Diagnosis of Acute Myocardial Infarction-Promises and Challenges. *Diagnostics (Basel, Switzerland)*, 11(5). <https://doi.org/10.3390/diagnostics11050881>
- Tiwari, S., Løvstetten, O., Jacobsen, B. K., Wilsgaard, T., Mathiesen, E. B., Schirmer, H., Gram, I. T., Mannsverk, J., & Løchen, M.-L. (2025). Occasional smoking is a risk factor for myocardial infarction in the population-based Tromsø Study, 2001–21. *European Journal of Preventive Cardiology*. <https://doi.org/10.1093/eurjpc/zwaf182>
- Toney-Butler, T. J., & Unison-Pace, W. J. (2025). Nursing Admission Assessment and Examination. In *StatPearls*. <http://www.ncbi.nlm.nih.gov/pubmed/30277541>
- Topal, T., & Sürme, Y. (2025). The Effect of Music and Eye Masks on Sleep Quality and Delirium in Abdominal Surgery Intensive Care Patients: Randomized Controlled Trial. *Nursing in critical care*, 30(4), e70072. <https://doi.org/10.1111/nicc.70072>
- Vafaie, M. (2016). State-of-the-art diagnosis of myocardial infarction. *Diagnosis*, 3(4), 137–142. <https://doi.org/10.1515/dx-2016-0024>
- Valerio, L., Peters, R. J., Zwinderman, A. H., & Pinto-Sietsma, S.-J. (2016). Association of Family History With Cardiovascular Disease in Hypertensive Individuals in a Multiethnic Population. *Journal of the American Heart Association*, 5(12). <https://doi.org/10.1161/JAHA.116.004260>
- Vasquez-Rodriguez, J. F., Idrovo-Turbay, C., Perez-Fernandez, O. M., Cruz-Tapias, P., Isaza, N., Navarro, A., Medina-Mur, R., Ramirez-Lovera, V., Giraldo, L. E., Ariza, N., Carreno Jaimes, M., & Isaza, D. (2023). Risk of complications after a non-ST segment elevation acute myocardial infarction in a Latin-American cohort: An application of the ACTION ICU score.

Heart & Lung, 57, 124–129. <https://doi.org/10.1016/j.hrtlng.2022.09.002>

- Vogel, B., Claessen, B. E., Arnold, S. V., Chan, D., Cohen, D. J., Giannitsis, E., Gibson, C. M., Goto, S., Katus, H. A., Kerneis, M., Kimura, T., Kunadian, V., Pinto, D. S., Shiomi, H., Spertus, J. A., Steg, P. G., & Mehran, R. (2019). ST-segment elevation myocardial infarction. *Nature Reviews Disease Primers*, 5(1), 39. <https://doi.org/10.1038/s41572-019-0090-3>
- Vyazovskiy, V. V. (2015). Sleep, recovery, and metaregulation: explaining the benefits of sleep. *Nature and science of sleep*, 7, 171–184. <https://doi.org/10.2147/NSS.S54036>
- Yaslina, Maidaliza, & Srimutia, R. (2021). Aspek Fisik dan Psikososial terhadap Status Fungsional pada Lansia. *Prosiding Seminar Kesehatan Perintis*, 4(2), 68–73. <https://jurnal.upertis.ac.id/index.php/PSKP/article/view/724>
- Ye, J., Li, L., Wang, M., Ma, Q., Tian, Y., Zhang, Q., Liu, J., Li, B., Zhang, B., Liu, H., & Sun, G. (2022). Diabetes Mellitus Promotes the Development of Atherosclerosis: The Role of NLRP3. *Frontiers in Immunology*, 13. <https://doi.org/10.3389/fimmu.2022.900254>
- Yuswatiningsih, E., & Suhariati, H. I. (2021). Hubungan tingkat pendidikan dengan kemandirian lansia dalam memenuhi kebutuhan sehari hari. *Hospital Majapahit*, 13(1), 61–70.
- Zimmet, P., Alberti, K. G. M. M., Stern, N., Bilu, C., El-Osta, A., Einat, H., & Kronfeld-Schor, N. (2019). The Circadian Syndrome: is the Metabolic Syndrome and much more! *Journal of internal medicine*, 286(2), 181–191. <https://doi.org/10.1111/joim.12924>