

Daftar Pustaka

- Abha Sharma, Manee Arpanantikul, & Usavadee Asdornwised. (2022). *Nursing Knowledge Development from the Standpoint of Philosophical and Methodological Perspective*. International Journal of Nursing Education, 14(3), 1–6. <https://doi.org/10.37506/ijone.v14i3.18343>
- Maunaturrohman, A., & Yuswatiningsih, E. (2018). *Terapi diafragma untuk pasien penyakit paru obstruktif kronik (PPOK)*. 313-Article Text-620-1-10-20191126.
- Ceyhan, Y., & Tekinsoy Kartin, P. (2022). The effects of breathing exercises and inhaler training in patients with COPD on the severity of dyspnea and life quality: a randomized controlled trial. *Trials*, 23(1). <https://doi.org/10.1186/s13063-022-06603-3>
- Dewi, R., Siregar, S., Manurung, R., Magdalena, C., Bolon, T., & Keperawatan, P. S. (2022). Pembinaan Masyarakat Tentang Penyakit Dan Latihan jalan kaki Penderita Penyakit Paru Obstruktif Kronik (PPOK) Di Desa Kolam Kecamatan Percut Sei Tuan. *Jurnal Ilmiah Pengabdian Kepada Masyarakat (Ji-SOMBA)*, 1(2), 30–35. <http://jurnal.uimedan.ac.id/index.php/Ji-SOMBAp30Journalhomepage:http://jurnal.uimedan.ac.id/index.php/Ji-SOMBA>
- Fildza Bahittah et al. (2020). Qualitative Data Collection in an Era of Social Distancing. *International Journal of Qualitative Methods*, 19. <https://doi.org/10.1177/1609406920937875>
- Flattet, Y., Garin, N., Serratrice, J., Perrier, A., Stirnemann, J., & Carballo, S. (2017). Determining prognosis in acute exacerbation of COPD. *International Journal of COPD*, 12, 467–475. <https://doi.org/10.2147/COPD.S122382>
- Gaidhane, A. M., & Syed, Z. Q. (n.d.). *Short term effect of pursed lip breathing technique in stable patients of chronic obstructive pulmonary diseases (COPD)*. <https://doi.org/10.6084/m9.figshare.13296008> Global Initiative of COPD. (2024). *GOLD-2024 COPD*. 3–5.
- Kesehatan, K., Penelitian, B., & Kesehatan, P. (n.d.). *HASIL UTAMA RISKESDAS 2018*.
- Lee, H. J., Jin, K. N., Lee, H. W., Lee, J. K., Park, T. Y., Heo, E. Y., & Kim, D. K. (2022a). Radiographic phenotypes affect the risk of inhaled corticosteroid-associated pneumonia in patients with COPD. *International Journal of COPD*, 17, 2301–2315. <https://doi.org/10.2147/COPD.S372735> Lee, H. J., Jin,

- Lindayani. (2017). Lindayani 2017. *Jurnal Ilmu Kedokteran Dan Kesehatan*, 10.
- Mendes, L. P. S., Moraes, K. S., Hoffman, M., Vieira, D. S. R., Ribeiro-Samora, G. A., Lage, S. M., Britto, R. R., & Parreira, V. F. (2019). Effects of diaphragmatic breathing with and without pursed-lips breathing in subjects with COPD. *Respiratory Care*, 64(2), 136–144. <https://doi.org/10.4187/respcare.06319>
- Astuti, M. F. (2017). *Beberapa faktor risiko yang berhubungan dengan penyakit paru obstruktif kronik (PPOK) pada petugas kebersihan di Kota Purwokerto tahun 2017*. Paru, P., & Kronik, O. (n.d.). *P P O K*.
- Rupareliya, V. P., Jagad, K., Rupareliya, V. P., & Jagad, D. B. (2021). *A study to compare the effect of pursed-lip breathing and nadi-sodhana pranayama on cardio-respiratory parameter in patients with COPD*. <https://doi.org/10.1729/journal.28775>
- Putriningsih, M. (2024). *ASUHAN KEPERAWATAN PENERAPAN PURSED LIP BREATHING*.
- Qamila, B., Azhar, M. U., Risnah, R., & Irwan, M. (2019). Efektivitas teknik pursed lips breathing pada pasien penyakit paru obstruksi kronik (PPOK): Study systematic review. *Jurnal Kesehatan*, 12(2), 137. <https://doi.org/10.24252/kesehatan.v12i2.10180>
- Qian, Y., Cai, C., Sun, M., Lv, D., & Zhao, Y. (2023). Analyses of Factors Associated with Acute Exacerbations of Chronic Obstructive Pulmonary Disease: A Review. In *International Journal of COPD* (Vol. 18, pp. 2707–2723). Dove Medical Press Ltd. <https://doi.org/10.2147/COPD.S433183>
- Ramadhani, S., Purwono, J., Utami, I. T., Dharma, A. K., & Metro, W. (2022a). Penerapan pursed lip breathing terhadap penurunan sesak napas pada pasien penyakit paru obstruksi kronik (PPOK) di ruang paru RSUD Jend. Ahmad Yani Kota Metro. *Jurnal Cendikia Muda*, 2(2).
- Riset, A., Farelilm Wardana, R., Prema, K., Hidayati, H., Kartini, A., Yanti, E., Wiriansya, E. P., & Anggita, D. (n.d.). *FAKUMI MEDICAL JOURNAL Karakteristik Pasien PPOK di RS Ibnu Sina Makassar periode 2018-2020*.
- Roberts, S. E., Schreuder, F. M., Watson, T., & Stern, M. (2017). Do COPD patients taught pursed lips breathing (PLB) for dyspnoea management continue to use the technique long-term? A mixed methodological study. *Physiotherapy (United Kingdom)*, 103(4), 465–470. <https://doi.org/10.1016/j.physio.2016.05.006>

- Rusminah, S., & A., S. (2021). *Literature review: Teknik pursed lips breathing (PLB) terhadap saturasi oksigen pada pasien penyakit paru obstruktif kronik (PPOK)*. *Jurnal Keperawatan*, 7(1).
- Sahrudi, S., & Ameilia, N. A. (2024). Pengaruh Pemberian Oksigen Menggunakan Nasal Kanul Terhadap Saturasi Oksigen pada Pasien PPOK di IGD RS TK II MOH RIDWAN MEURAKSA. *Malahayati Nursing Journal*, 6(1), 141–151. <https://doi.org/10.33024/mnj.v6i1.10549>
- Tim Pokja SDKI DPP PPNI, (2018), *Standar Diagnosis Keperawatan Indonesia (SDKI)*, Edisi 1, Jakarta, Persatuan Perawat Indonesia
- Tim Pokja SIKI DPP PPNI, (2018), *Standar Intervensi Keperawatan Indonesia (SIKI)*, Edisi 1, Jakarta, Persatuan Perawat Indonesia
- Tim Pokja SLKI DPP PPNI, (2018), *Standar Luaran Keperawatan Indonesia (SLKI)*, Edisi 1, Jakarta, Persatuan Perawat Indonesia
- Shafira, A., Nurlaily, A. P., & Fitriyani, N. (2024). *Asuhan keperawatan pada pasien PPOK: Pola napas tidak efektif dengan intervensi pursed lip breathing* (Karya tulis ilmiah). Universitas Kusuma Husada Surakarta.
- Silalahi, K. L., Tobus, S., & Siregar, H. (2019). *Pengaruh pursed lip breathing exercise terhadap penurunan sesak napas pada pasien penyakit paru obstruktif kronik (PPOK) di RSU Royal Prima Medan 2018*. *Jurnal Keperawatan Priority*, 2(1).
- Smeltzer, S. C. (2020). *Keperawatan Medikal-Bedah* (D. & K. A. Yulianti, Ed.; 12th ed.). EGC.
- Utami, Z. T., & Rakhmawati, N. (2023). *Penerapan pursed lips breathing (PLB) terhadap saturasi oksigen pada pasien penyakit paru obstruksi kronik (PPOK) di ruang Cendrawasi RSUD Simo Boyolali*.
- Venkatesan, P. (2024). *GOLD COPD report: 2024 update*. *The Lancet. Respiratory Medicine*, 12(1), 15–16. [https://doi.org/10.1016/S2213-2600\(23\)00461-7](https://doi.org/10.1016/S2213-2600(23)00461-7)
- Wells, J. M., et al, (2018). *Elevated circulating MMP-9 is linked to increased COPD exacerbation risk in SPIROMICS and COPDGene*. *JCI Insight*, 3(22). <https://doi.org/10.1172/jci.insight.123614>
- Williams, N. P., Ostridge, et al (2018). *Impact of radiologically stratified exacerbations: Insights into pneumonia aetiology in COPD*. *Respiratory Research*, 19(1). <https://doi.org/10.1186/s12931-018-0842-8>

- Yang, Y., Wei, L., Wang, S., Ke, L., Zhao, H., Mao, J., Li, J., & Mao, Z. (2022). *The effects of pursed lip breathing combined with diaphragmatic breathing on pulmonary function and exercise capacity in patients with COPD: a systematic review and meta-analysis*. In *Physiotherapy Theory and Practice* (Vol. 38, Issue 7, pp. 847–857). Taylor and Francis Ltd.
<https://doi.org/10.1080/09593985.2020.1805834>
- Yari, Y., Gayatri, D., & Azzam, et al. (2022). *Efektivitas pursed lips breathing dan posisi pronasi dalam mengatasi dispnea pada pasien penyakit paru obstruktif kronis (PPOK): Randomized controlled trial*.
<http://journal.stikeskendal.ac.id/index.php/Keperawatan>

