

DAFTAR PUSTAKA

- Abubakar. (2021). *Metodologi penelitian kesehatan*. Penerbit Andi.
- Afulani, P. A., Coleman-Jensen, A., & Herman, D. (2021). Food insecurity, coping strategies, and psychological distress among low-income households. *Public Health Nutrition*, 24(6), 1357–1368. <https://doi.org/10.1017/S1368980021000630>
- Akseer, N., Al-Gashm, S., Mehta, S., Mokdad, A., & Bhutta, Z. A. (2021). Global and Regional Trends in Malnutrition and the Role of Food Assistance Programs in Reducing Stunting. *The Lancet Global Health*, 9(8), e1048–e1060. [https://doi.org/10.1016/S2214-109X\(21\)00243-0](https://doi.org/10.1016/S2214-109X(21)00243-0)
- Anwar, K., Sharifa Putri, F., & Hidayat Maskar, D. (2021). Hubungan Menu Anxiety, Pemilihan Makanan, dan Kebiasaan Makan pada Status Gizi Generasi Z di Cinere, Depok. *Amerta Nutrition*, 8(3SP), 326–335. <https://doi.org/10.20473/amnt.v8i3SP.2024.32>
- Association, A. P. (2022). *Diagnostic and Statistical Manual of Mental Disorders (5th ed., Text Revision)*. American Psychiatric Publishing.
- Cella, D., Choi, S. W., Condon, D. M., Schalet, B., Hays, R. D., & Rothrock, N. (2019). PROMIS adult health profiles: Efficient short-form measures of seven health domains. *Value in Health*, 22(5), 537–544.
- Chen, Y. (2021). Physiological responses to food insecurity and stress: A psychobiological perspective. *Journal of Psychosomatic Research*, 150, 110554. <https://doi.org/10.1016/j.jpsychores.2021.110554>
- Chongwo, E. J., Huizink, A. C., Chelangat, D., Njoroge, E., Aoko, B., Kania, M., Esala, M., Magoma, P., Marangu, J., Kabue, M., Rabok, D., Nyamanya, S., Khamis, A., Ng'asike, J., Baasba, A., Guyo, S., & Abubakar, A. (2025). Food insecurity is associated with depressive and anxiety Symptoms among caregivers of young children in arid and semi-arid regions of Kenya: A cross-sectional study. *Journal of Affective Disorders*, 389(June), 119754. <https://doi.org/10.1016/j.jad.2025.119754>
- Chowdhury, R., Trujillo, N., & Khalid, S. (2025). Biosocial Determinants and Solutions for Mental Health Conditions in Low and Middle-Income Countries: Revealing the Current Evidence Gaps. *Frontiers in Public Health*. <https://www.frontiersin.org/articles/10.3389/fpubh.2025.1691121>

- Dlamini, S. N., Craig, A., Mtintsilana, A., Mapanga, W., Du Toit, J., Ware, L. J., & Norris, S. A. (2023). Food insecurity and coping strategies and their association with anxiety and depression: a nationally representative South African survey. *Public Health Nutrition*, 26(4), 705–715. <https://doi.org/10.1017/S1368980023000186>
- Dlamini, S. N., Mtintsilana, A., Craig, A., Mapanga, W., & Norris, S. A. (2024). Food insecurity and coping strategies associate with higher risk of anxiety and depression among South African households with children. *Public Health Nutrition*, 27(1), 1–11. <https://doi.org/10.1017/S1368980024000879>
- Etikan, I., & Bala, K. (2017). Sampling and sampling methods. *Biometrics & Biostatistics International Journal*, 5(6), 215–217. <https://doi.org/10.15406/bbij.2017.05.00149>
- Fang, L., Zhang, Q., & Liu, Y. (2023). Household food stress and emotional well-being during economic shocks. *Frontiers in Psychology*, 14, 1178246. <https://doi.org/10.3389/fpsyg.2023.1178246>
- FAO, WFP, & IFAD. (2021). *The State of Food Security and Nutrition in the World 2021*. FAO.
- Frongillo, E. A., Smith, M. D., & Coleman-Jensen, A. (2021). Food insecurity and mental health: A global perspective. *Annual Review of Public Health*, 42, 315–335. <https://doi.org/10.1146/annurev-publhealth-090419-102534>
- Guzick, A., Storch, E. A., Smáráson, O., Minhajuddin, A., Drummond, K., Riddle, D., & Mayes, T. L. (2024). Psychometric properties of the GAD-7 and PROMIS-Anxiety-4a among youth with depression and suicidality: Results from the Texas Youth Depression and Suicide Research Network. *Journal of Psychiatric Research*, 170, 237–244. <https://doi.org/10.1016/j.jpsychires.2023.12.033>
- Hardy, F., Tovar, A., Elenio, E. G., Herrera, Y. M., Perry, M., Bauer, K. W., & Vadiveloo, M. K. (2025). Food parenting stress among caregivers receiving government food assistance: a study from the United States. *Preventive Medicine Reports*, 57(July), 103189. <https://doi.org/10.1016/j.pmedr.2025.103189>
- Hashemi, S., Sanchez, P. G., & Joyce, J. (2025). Prevalence of Food Insecurity and Poor Mental Health Among Firefighters. *Current Developments in Nutrition*. [https://cdn.nutrition.org/article/S2475-2991\(25\)01736-6/fulltext](https://cdn.nutrition.org/article/S2475-2991(25)01736-6/fulltext)

- Hernández, D. C., Reesor, L., & Murillo, R. (2022). Food Assistance and Psychological Wellbeing: Evidence from Families with Children in Food-Insecure Contexts. *Social Science & Medicine*, 301, 114964. <https://doi.org/10.1016/j.socscimed.2022.114964>
- Jaffer A. Shariff¹, Sandra Burkett¹, Caitlin Wei-Ming Watson², Bin Cheng³, James M. Noble², and P. N. P. (2018). 乳鼠心肌提取 HHS Public Access. *J Clin Periodontol*. 2018, 45(8), 909–919. <https://doi.org/10.1016/j.jand.2019.10.012.Understanding>
- Jones, A. D. (2022). Social stigma and emotional distress in food aid recipients. *Frontiers in Psychiatry*, 13, 827093. <https://doi.org/10.3389/fpsyt.2022.827093>
- Jones, A. D., & Ngure, F. (2022). Household food insecurity and mental health: A systematic review. *Social Science & Medicine*, 308, 115249. <https://doi.org/10.1016/j.socscimed.2022.115249>
- Kaiser, B., Gemesi, K., Holzmann, S. L., Wintergerst, M., Lurz, M., Hauner, H., Groh, G., Böhm, M., Krcmar, H., Holzapfel, C., & Gedrich, K. (2022). *Stress-induced hyperphagia: empirical characterization of stress-overeaters*. BMC Public Health; BioMed Central. <https://doi.org/10.1186/s12889-021-12488-9>
- Kamaeva, D. A., Kazantseva, D. V, Boiko, A. S., Mednova, I. A., Smirnova, L. P., Kornetova, E. G., & Ivanova, S. A. (2023). *The Influence of Antipsychotic Treatment on the Activity of Abzymes Targeting Myelin and Levels of Inflammation Markers in Patients with Schizophrenia*.
- Leddy, A. M. (2020). Food insecurity and anxiety among low-income populations. *Annals of Behavioral Medicine*, 54(9), 701–713. <https://doi.org/10.1007/s12160-020-00650-0>
- Leddy, A. M., Whittle, H. J., & Shieh, J. (2020). Food insecurity, health, and mental health among low-income adults. *Journal of Health Psychology*, 25(10), 1387–1398. <https://doi.org/10.1177/1359105318783020>
- Liebe, R. A., Adams, L. M., Hedrick, V. E., Serrano, E. L., Porter, K. J., Cook, N. E., & Misyak, S. A. (2023). *Developing a conceptual framework for the relationship between food security status and mental health among low-income mothers*.

- Liebe, R. A., Khan, T., Azad, R., Adams, L. M., Braun, A. C., Davis, H. A., & Misyak, S. A. (2025). Experienced poverty stigma is associated with food insecurity, mental health, and resource utilization among Southern US mothers with low income. *BMC Public Health*, 25(1), 1–10. <https://doi.org/10.1186/s12889-025-23615-1>
- Liebe, R. A., Porter, K. J., Adams, L. M., Hedrick, V. E., Serrano, E. L., Cook, N., & Misyak, S. A. (2024). “I’m Doing the Best that I Can”: Mothers Lived Experience with Food Insecurity, Coping Strategies, and Mental Health Implications. *Current Developments in Nutrition*, 8(4), 102136. <https://doi.org/10.1016/j.cdnut.2024.102136>
- Liu, W., Dindo, L., & Hadlandsmith, K. (2022). Item response theory analysis of PROMIS anxiety short forms. *Western Journal of Nursing Research*, 44(3), 248–259.
- Lybaws, L., Renyoet, B. S., Pratiwi, T., & Sanubari, E. (2022). Analysis on the correlation between food coping strategy towards poorHousehold’s food security in Salatiga City. *Amerta Nutrition*, 6(1), 32–43. <https://doi.org/10.20473/amnt.v6i1.2>
- Mahmood, Q., Ahmad, R., & Khan, M. A. (2023). Socioeconomic determinants of anxiety and food insecurity during crisis. *Frontiers in Psychology*, 14, 1149864. <https://doi.org/10.3389/fpsyg.2023.1149864>
- McKeown, A., Andrews, C., & Garau, V. (2025). Selective and restrictive eating workshop: A collaborative and multidisciplinary approach to supporting families with limited diets. *Archives of Disease in Childhood*, 110(Suppl 1), A26.2. https://adc.bmj.com/content/110/Suppl_1/A26.2.abstract
- Menon, P., Habicht, J. P., & Black, R. E. (2023). Nutrition-Sensitive Food Distribution Programs and Their Effects on Household Food Security. *Frontiers in Public Health*, 11, 1234852. <https://doi.org/10.3389/fpubh.2023.1234852>
- Muhamarwan, A. (2025). *Kemenkes Perketat Pengawasan dalam Program Makan Bergizi Gratis*. Kemenkes RI. <https://kemkes.go.id/id/kemenkes-perketat-pengawasan-dalam-program-makan-bergizi-gratis>
- Nandi, S., Gupta, R., & Dutta, S. (2024). Evaluating the Sustainability of Free Food Distribution Programs in Low-Income Urban Households. *International Journal of Social Welfare*, 33(2), 187–199. <https://doi.org/10.1111/ijsw.12546>

- Nguyen, T. M., Tran, D. P., & Vu, T. T. (2022). Economic stress, food coping, and anxiety among urban families in Vietnam. *BMC Psychology*, 10, 242. <https://doi.org/10.1186/s40359-022-00890-7>
- Notoatmodjo, S. (2020). *Metodologi Penelitian Kesehatan*. Rineka Cipta.
- Nursalam. (2020). *Metodologi penelitian ilmu keperawatan: Pendekatan praktis* (5th ed.). Salemba Medika.
- Organization, F. and A. (2023a). *Coping Strategy Index (CSI) Guidelines for Measuring Household Food Insecurity*. FAO.
- Organization, F. and A. (2023b). *State of Food Security and Nutrition in the World 2023*. FAO. <https://www.fao.org/publications/sofi/2023/en/>
- Organization, W. H. (2022). *International Classification of Diseases 11th Revision (ICD-11): Anxiety Disorders*. WHO.
- Osei, E., Boateng, D., & Frongillo, E. A. (2022). Food insecurity and coping mechanisms: A structural equation approach. *BMC Public Health*, 22, 1789. <https://doi.org/10.1186/s12889-022-13938-8>
- Pasaribu, M. R., Sihombing, R., & Simanjuntak, J. (2022). *Metodologi Penelitian Pendidikan dan Sosial: Pendekatan Kuantitatif, Kualitatif, dan Campuran*. Penerbit CV Media Sains Indonesia.
- Polit, D. F., & Beck, C. T. (2018). *Nursing research: Generating and assessing evidence for nursing practice* (10th ed.). Wolters Kluwer.
- Pourmotabbed, A. (2020). Food insecurity and psychosomatic Symptoms: Evidence from a systematic review. *Nutrition Research*, 75, 1–12. <https://doi.org/10.1016/j.nutres.2020.02.010>
- Profiles, A. P., Of, D., & Forms, S. (2020). *PROMIS ADULT PROFILE INSTRUMENTS*. 1–31.
- Rivera, K. M. (2024). *Exploring the Relationship Between Food Insecurity and Stress: A Cross-Sectional Study in Cleveland, Ohio* [University of Illinois IDEALS Repository]. <https://www.ideals.illinois.edu/items/134369>

Sugiyono. (2022). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Alfabeta.

Taple, B. J., Griffith, J. W., & Wolf, M. S. (2019). Interview administration of PROMIS depression and anxiety short forms. *Health Literacy Research and Practice*, 3(3), e155–e166.

Teresi, J. A., Ocepek-Welikson, K., Kleinman, M., Ramirez, M., Kim, G., & Lai, J. S. (2016). Measurement equivalence of the PROMIS Anxiety short forms in ethnically diverse groups. *Psychological Test and Assessment Modeling*, 58(1), 183–219.

Thomas, T., Bellows, A. C., & Ortega, F. (2024). Long-Term Impacts of Free Food Programs on Household Food Security and Emotional Wellbeing. *Frontiers in Nutrition*, 11, 1452238. <https://doi.org/10.3389/fnut.2024.1452238>

Tyas Sekartiara Syafania, Sayektia, W. D., & Zakaria, W. A. (2019). Food Coping Strategy Rumah Tangga Sasaran Penerima Manfaat Beras Sejahtera Di Kabupaten Pringsewu. *Indonesian Journal of Socio Economics*, 1(1), 61–71.

Wolfson, J. A., & Leung, C. W. (2021). Behavioral responses to food insecurity: Avoidance and adaptation. *SSM – Population Health*, 14, 100868. <https://doi.org/10.1016/j.ssmph.2021.100868>

