

DAFTAR PUSTAKA

- A. Sasarari, Z., Sumarmi, S., Tri Wijayanti, Y., & Asmi, A. S. (2024). Physical activity as an effort to prevent hypertension in the elderly. *Jurnal Edukasi Ilmiah Kesehatan*, 2(1), 26–32. <https://doi.org/10.61099/junedik.v2i1.37>
- Ade Heryana. (2020). Metodologi Penelitian Kuantitatif. *Bahan Ajar Mata Kuliah: Metodologi Penelitian Kuantitatif*, 1, 9. <https://www.eurekapedidikan.com/2014/12/hipotesis-penelitian.html>
- Adiputra, et al, 2021. (2021). Metodologi Penelitian Kesehatan. *Yayasan Kita Menulis*, 1, 299.
- Algabbani, F., & Algabbani, A. (2020). Treatment adherence among patients with hypertension: findings from a cross- sectional study. *Clinical Hypertension*, 26(18), 1–9. <https://clinicalhypertension.biomedcentral.com/articles/10.1186/s40885-020-00151-1>
- Alshuhri, M., Alshehry, B., Alotaibi, T., & Alhalal, D. (2024). Prevalence and Associated Factors of Uncontrolled Hypertension Among Patients Attending Primary Healthcare Centers in Riyadh, Saudi Arabia. *Cureus*, 16(7). <https://doi.org/10.7759/cureus.64783>
- Anggriani, harahap dewi, Nia, A., & muliati oktari. (2020). Hubungan Pengetahuan Penderita Hipertensi. *Jurnal Ners*, 3(2), 97–102. <http://journal.universitaspahlawan.ac.id/index.php/ners>
- Ayuning siwi, M. A. (2024). Hubungan antara Kepatuhan Minum Obat dengan Tekanan Darah pada Pasien Hipertensi di Fasilitas Kesehatan Tingkat Pertama. *Jurnal Kesehatan Masyarakat Indonesia*, 19(2), 14. <https://doi.org/10.26714/jkmi.19.2.2024.14-19>
- Berek, P. A. L., Siswanto, B. B., Irawati, D., & Jatmiko, W. (2022). Individual Characteristics, Adherence, and Barriers to Medication Adherence of Hypertensive Patients at the Indonesia - Timor Leste Border. *Nurse Media Journal of Nursing*, 12(3), 353–366. <https://doi.org/10.14710/nmjn.v12i3.46219>
- Burnier, M., & Egan, B. M. (2019). Adherence in Hypertension: A Review of Prevalence, Risk Factors, Impact, and Management. *Circulation Research*, 124(7), 1124–1140. <https://doi.org/10.1161/CIRCRESAHA.118.313220>
- Choudhry, N. K., Kronish, I. M., Vongpatanasin, W., Ferdinand, K. C., Pavlik, V. N., Egan, B. M., Schoenthaler, A., Miller, N. H., & Hyman, D. J. (2022). Medication adherence and blood pressure control: A scientific statement from the american heart association. *Hypertension*, 79(1), E1–E14. <https://doi.org/10.1161/HYP.0000000000000203>

- Dinkes Jatim. (2024). *Profil Kesehatan Jawa Timur*. [https://dinkes.jatimprov.go.id/userfile/dokumen/PROFIL KESEHATAN PROVINSI JAWA TIMUR TAHUN 2024.pdf](https://dinkes.jatimprov.go.id/userfile/dokumen/PROFIL_KESEHATAN_PROVINSI_JAWA_TIMUR_TAHUN_2024.pdf)
- Dinkes Ponorogo. (2024). Kabupaten Ponorogo Tahun 2024. *Dinas Lingkungan Hidup Kabupaten Ponorogo*.
- Eliya, E., Irwina, A., Silvanasari, A., & Aji, R. (2024). *Jurnal Keperawatan Malang (JKM)* The Relationship Between Demographic Characteristic Factor With Malang (JKM) Copyright © The Author (s) 2024. 09(02), 176–185.
- Grasiah, J., Ginting, C. N., Wau, H., & Pendahuluan, I. (2024). Pengaruh waktu antri poli dan pelayanan empati terhadap kepuasan pasien rawat jalan di rsu royal prima medan. ... *Nursing Journal of ...*, 4(1), 151–169. <https://ejournal.penerbitjurnal.com/index.php/health/article/view/850%0Ahttps://ejournal.penerbitjurnal.com/index.php/health/article/download/850/740>
- Guimarães, M. C. da L. P., Coelho, J. C., da Silva, G. V., Drager, L. F., Butcher, R. de C. G. e. S., Butcher, H. K., & Pierin, A. M. G. (2021). Blood Pressure Control and Adherence to Drug Treatment in Patients with Hypertension Treated at a Specialized Outpatient Clinic: A Cross-Sectional Study. *Patient Preference and Adherence*, 15, 2749–2761. <https://doi.org/10.2147/PPA.S336524>
- Haifa, N. M., Nabilla, I., Rahmatika, V., & Hidayatullah, R. (2025). Identifikasi Variabel Penelitian , Jenis Sumber Data dalam Penelitian Pendidikan Pendidikan Bahasa Arab / Universitas Islam Negeri Imam Bonjol Padang berubah tergantung situasi tertentu . (Arib , M . F . , dkk , 2024) . : : *Jurnal Pendidikan Dan Bahasa*, 2(2), 256–270.
- Hamrahan, S. M., Maarouf, O. H., & Fülöp, T. (2022). A Critical Review of Medication Adherence in Hypertension: Barriers and Facilitators Clinicians Should Consider. *Patient Preference and Adherence*, 16(September), 2749–2757. <https://doi.org/10.2147/PPA.S368784>
- Haryani, W. & S. (2022). I. Modul Etika Penelitian (Jurusan Kesehatan Gigi Poltekkes Jakarta). In *Modul Etika Penelitian, Jakarta selatan*.
- Janu, P., Rita, S., Ati, R., & Apri, B. (2020). Jurnal Wacana Kesehatan SALT CONSUMPTION PATTERN WITH HYPERTENSION IN ELDERLY Akademi Keperawatan Dharma wacana Metro Universitas Muhammdiyah Pringsewu Lampung Janu Purwono , Pola Konsumsi Hipertensi adalah isu kesehatan provinsi dengan penderita Hiperten. *Jurnal Wacana Kesehatan*, 5(1), 531–533.
- Kebede, B., Chelkeba, L., & Dessie, B. (2021). Rate of blood pressure control and its determinants among adult hypertensive patients at Jimma University Medical Center, Ethiopia: Prospective cohort study. *SAGE Open Medicine*,

9. <https://doi.org/10.1177/20503121211006000>

Khaddafi, M., Fitri, L., Sarah, P., & Shafa, A. (2025). Dalam Penelitian Ilmiah the Importance of Choosing the Right Research Method in. *JURNAL INTELEK INSAN CENDIKIA*, 2, 13372–13376.

Kim, H.-L. (2024). Recent evidence on target blood pressure in patients with hypertension. *Cardiovascular Prevention and Pharmacotherapy*, 6(1), 17–25. <https://doi.org/10.36011/cpp.2024.6.e3>

Kim, H. J., Kim, B. S., Kim, H., Lee, J., Shin, J. H., & Sung, K. C. (2025). Impact of blood pressure and medication adherence on clinical outcomes in patients with hypertension. *Frontiers in Medicine*, 12(Mi). <https://doi.org/10.3389/fmed.2025.1564791>

Larasati, N., Sugiyono, & Adriani, Y. (2024). Peningkatan Pengetahuan Pentingnya Kepatuhan Minum Obat pada Pasien. *Jurnal Abdimas*, 7(1), 319–325.

Ling, Q., Deng, Y., Dong, X., Song, Q., & Cai, J. (2026). Effect of Hypertension Duration on the Associations Between Intensive Blood Pressure Control and Cardiac, Vascular, and Kidney Organ Damage. *Journal of the American Heart Association*, 15(6). <https://doi.org/10.1161/JAHA.125.041556>

Lukitaningtyas Dika, & Agus, C. E. (2023). HIPERTENSI; ARTIKEL REVIEW. *Lppmdianhusada*, 2(2), 33–48. <http://ejournal.lppmdianhusada.ac.id/index.php/PIPK%0AHIPERTENSI>;

Muhammad Takdir, Rasyid, H. R. E., Madaling, & Arifin, F. (2023). Pengaruh penggunaan Media Focusky di Masa Covid-19 Terhadap Hasil Belajar Pendidikan Agama Islam Siswa Kelas XI SMA Muhammadiyah Rappang. *Jurnal Teknologi Pendiidikan*, 1(1), 1–12.

Nurdin, Marsia, & Baedlawi, A. (2022). Hubungan Kepatuhan Minum Obat Anti Hipertensi Terhadap Penurunan Tekanan Darah Pada Pasien Hipertensi Di Puskesmas Parit Timur Kuburaya Nurdin1). *Scientific Journal of Nursing Research*, 4, 34–41. <http://ejournal.poltekkes-pontianak.ac.id/index.php/SJNR/index>

Nurkhofifah, I. (2021). *Hubungan Tingkat Kepatuhan Minum Obat Dengan Tekanan Darah pada Hipertensi: Literatur Riview* [UNIVERSITAS dr. SOEBANDI]. <https://repo.uds.ac.id/id/eprint/89/>

Octavianie, G., Nina, Pakpahan, J., & Maspupah, T. (2022). Promosi Kesehatan Hipertensi Pada Usia Produktif Sampai Lansia di Wilayah Desa Lulut Klapanunggal Kabupten Bogor. *Pengabdian Masyarakat Saga Komunitas*, 01(02).

Oseni, T., Emonriken, A., Ahmed, S., & Dic-Ijiewere, M. (2023). for an Uncommon Neurosurgical Emergency in a Developing Country. *Nigerian*

Journal of Clinical Practice, 26(april), 1070–1077.
<https://doi.org/10.4103/njcp.njcp>

Pallangyo, P., Komba, M., Mkojera, Z. S., Kisenge, P. R., Bhalia, S., Mayala, H., Kifai, E., Richard, M. K., Khanbhai, K., Wibonela, S., Millinga, J., Yeyeye, R., Njau, N. F., Odemary, T. K., & Janabi, M. (2022). Medication Adherence and Blood Pressure Control Among Hypertensive Outpatients Attending a Tertiary Cardiovascular Hospital in Tanzania: A Cross-Sectional Study. *Integrated Blood Pressure Control*, 15(July), 97–112.
<https://doi.org/10.2147/IBPC.S374674>

Pangesti, E. N., & Fani, R. (2025). *HUBUNGAN TINGKAT KEPATUHAN MINUM OBAT ORAL ANTI*. 6, 15192–15199.

Pasaribu S, B., Aty, H., Kabul, U. W., & Syah, A. H. R. (2022). Metodologi Penelitian Untuk Ekonomi dan Bisnis. In *UUP Academic Manajemen Perusahaan* YKPN.
[https://repository.uinjkt.ac.id/dspace/bitstream/123456789/65013/1/Metodologi Penelitian.pdf](https://repository.uinjkt.ac.id/dspace/bitstream/123456789/65013/1/Metodologi%20Penelitian.pdf)

Puspitasari, N., Yonata, A., Islami, S., Studi, P., Dokter, P., Kedokteran, F., Lampung, U., Dalam, B. P., Kedokteran, F., Lampung, U., Parasitologi, B., Kedokteran, F., & Lampung, U. (2025). *Faktor Risiko dan Komplikasi Hipertensi Tidak Terkontrol di Indonesia : Literature Review Risk Factors and Complications of Uncontrolled Hypertension in Indonesia : Literature Review*. 16, 69–75.

Rachmawati, E., Aisy, N. R., Novindra, Q. A., Syarifah, N. A., Malik, M., & Malang, I. (2024). *Abstrak RELATIONSHIP BETWEEN DRUG COMBINATIONS , MEDICINE ADHERENCE , AND COMORBID ON THE SUCCESS OF HYPERTENSION CONTROL* Abstract Pendahuluan Hipertensi masih menjadi persoalan kesehatan nasional dan global karena prevalensinya yang semakin meningkat d. 11(September), 176–188.

Redfern, A., Peters, S. A. E., Luo, R., Cheng, Y., Li, C., Wang, J., Anderson, C., Wang, H., & Norton, R. (2019). Sex differences in the awareness, treatment, and control of hypertension in China: a systematic review with meta-analyses. *Hypertension Research*, 42(2), 273–283.
<https://doi.org/10.1038/s41440-018-0154-x>

Rosenstick, I. M., Strecher, V. J., & Becker, M. H. (1988). Social Learning Theory and Health Belief Model. *Pediatric Radiology*, 45, S234–S235.

Septy, M., Titan, L., & Sukarni. (2021). FAKTOR-FAKTOR YANG MEMENGARUHI KEPATUHAN MINUM OBAT ANTIHIPERTENSI PADA PENDERITA HIPERTENSI: LITERATURE REVIEW. *Jurnal.Untan.Ac.Id*, 57(2), 4023–4024.

Siregar, R. H., & Albina, M. (2025). Menjelaskan Cara Menganalisis Data Dalam.

Jurnal Medika Akademik, 3(6), 1–14.

- Sofya A, Novita CN, Afgani MW, & Isnaini M. (2024). Metode Survey: Explanatory Survey dan Cross Sectional dalam Penelitian Kuantitatif. *Edu Society: Jurnal Pendidikan, Ilmu Sosial, Dan Pengabdian Kepada Masyarakat*, 4(3), 1695–1708. <https://jurnal.permapendis-sumut.org/index.php/edusociety>
- Solihin, & Raharjo, B. B. (2025). Faktor yang Memengaruhi Kepatuhan Minum Obat pada Lansia Penderita Hipertensi di Wilayah Kerja Puskesmas Pelawan Sarolangun banyak faktor . Proporsi penderita hipertensi di Indonesia , khususnya Kabupaten Pakpak dalam batas stabil . Obat antihipertensi be. *Jurnal Riset Rumpun Ilmu Kedokteran (JURRIKE)*, 4(1), 197–204. <https://prin.or.id/index.php/JURRIKE>
- Sugiyono. (2020). *Metodologi Penelitian Kuantitatif, Kualitatif dan R & D*.
- Suleiman, S. Z., Htay, M. N. N., Soe, H. H. K., Ying, C. L. L., Alias, S. H., Yussof, S., Xiong, K. W., Karleen, C., Sahiran, M. F., Harun, M. H., Othman, A., Abdullah, R., Mansor, N. M., Ishak, N. H., Rahman, A. F. A. A., & Moe, S. (2024). Association between medication adherence and blood pressure control and factors associated with antihypertensive medication adherence in the Melaka Tengah District: A cross-sectional survey. *Malaysian Family Physician*, 19, 1–13. <https://doi.org/10.51866/oa.651>
- Sunaringtyas, W., & Habibah, D. B. T. (2024). Kepatuhan Minum Obat Berbasis Teori Model Imogene King Pada Pasien Hipertensi. *TRIAGE Jurnal Ilmu Keperawatan*, 10(2), 44–49. <https://doi.org/10.61902/triage.v10i2.845>
- Tanu, B. Y., Situmorang, P., Zai, N. S., & Siregar, D. (2025). Faktor Risiko Hipertensi pada usia Dewasa di Kabupaten Nias. *Jurnal Keperawatan Cikini*, 6(1), 39–47. https://scontent.fupg3-1.fna.fbcdn.net/v/t39.30808-6/476219062_1328146071542051_8714129114586300075_n.jpg?_nc_cat=108&ccb=1-7&_nc_sid=833d8c&_nc_eui2=AeENMlTIWepaD0bmiaKs2oMNpTdtYiMmpFOlN21iIyakU9XRwrOQjLQKmvV37x8oUviql7zAqYCrbs5QRBd1jwZk&_nc_ohc=cEJz-uUK
- Unger, T., Borghi, C., Charchar, F., Khan, N. A., Poulter, N. R., Prabhakaran, D., Ramirez, A., Schlaich, M., Stergiou, G. S., Tomaszewski, M., Wainford, R. D., Williams, B., & Schutte, A. E. (2020). 2020 International Society of Hypertension Global Hypertension Practice Guidelines. *Hypertension*, 75(6), 1334–1357. <https://doi.org/10.1161/HYPERTENSIONAHA.120.15026>
- Wang, F., Wei, M., Yang, N., & Wang, X. (2024). Prevalence, awareness, treatment, control of hypertension among adults inhabited in the coastal area of Tianjin, China. *Medicine (United States)*, 103(26), e38676. <https://doi.org/10.1097/MD.00000000000038676>

- Waruwu, M. (2023). Pendekatan Penelitian Pendidikan: Metode Penelitian Kualitatif, Metode Penelitian Kuantitatif dan Metode Penelitian Kombinasi (Mixed Method). *Jurnal Pendidikan Tambusai*, 7(2), 99–113. <https://doi.org/10.36706/jbti.v9i2.18333>
- Whelton, P. K., Carey, R. M., Aronow, W. S., Casey, D. E., Collins, K. J., Himmelfarb, C. D., DePalma, S. M., Gidding, S., Jamerson, K. A., Jones, D. W., MacLaughlin, E. J., Muntner, P., Ovbiagele, B., Smith, S. C., Spencer, C. C., Stafford, R. S., Taler, S. J., Thomas, R. J., Williams, K. A., ... Wright, J. T. (2020). 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA guideline for the prevention, detection, evaluation, and management of high blood pressure in adults: Executive summary: A report of the American college of cardiology/American Heart Association task. In *Hypertension* (Vol. 71, Issue 6). <https://doi.org/10.1161/HYP.0000000000000066>
- World Health Organization (WHO). (2023). Global report on hypertension. In *Universitas Nusantara PGRI Kediri* (Vol. 01).
- World Health Organization (WHO). (2025). *Hypertension*. <https://www.who.int/news-room/fact-sheets/detail/hypertension>
- Wulandari, A., Sari, S. A., & Ludiana. (2023). Penerapan Relaksasi Benson Terhadap Tekanan Darah Pada Pasien Hipertensi Di Rsud Jendral Ahmad Yani Kota Metro Tahun 2022. *Jurnal Cendikia Muda*, 3(2), 163–171.