

## DAFTAR PUSTAKA

- Aditya, P. E., Utami, M. N., & Multazam, A. (2022). Penatalaksanaan Fisioterapi Pada Non-Hemorrhagic Stroke: Studi Kasus. *Physiotherapy Health Science (PhysioHS)*, 4(1), 27–30. <https://doi.org/10.22219/physiohs.v4i1.22126>
- Awung, G. N., & Rantepadang, A. (2024). Hubungan Dukungan Keluarga Dengan Kualitas Hidup Pasien Pasca Stroke. *Nutrix Journal*, 8(1), 110–117. <https://doi.org/10.37771/nj.v8i1.1076>
- Bam, K., Olaiya, M. T., Cadilhac, D. A., Donnan, G. A., Murphy, L., & Kilkenny, M. F. (2022). *Enhancing primary stroke prevention: A combination approach. The Lancet Public Health*, 7(8), e721–e724. [https://doi.org/10.1016/S2468-2667\(22\)00156-6](https://doi.org/10.1016/S2468-2667(22)00156-6)
- Choi, A.Y., Lim, J. H., & Kim B. G. (2024). *Effects of muscle strength exercise on muscle mass and muscle strength in patients with stroke: a systematic review and meta-analysis. Journal of exercise rehabilitation*, 20(5), 146-157.
- Djoko SW, Dkk. *Anatomi & Fisiologi Olahraga*.; 2023.
- Fadlilah, L. (2024). *Efek Mirror Therapy pada Fungsi Motorik Ekstremitas Atas pada Pasien Pasca Stroke. Health Caring: Jurnal Ilmiah Kesehatan*, 3(1). <https://doi.org/10.47709/healthcaring.v3i1.3623> (Jurnal IT Science)
- Fan J, Li X, Yu X, Liu Z, Jiang Y, Fang Y, et al. Global burden, risk factor analysis, and prediction study of ischemic stroke, 1990-2030. *Neurology*. (2023) 101:e137–50. doi: 10.1212/WNL.0000000000207387
- Febriyantje, Y. Y., Ardiyanti, S. E., Asri, Y., Zakaria, A., & Wihatno, E. (2024). *Gambaran Kekuatan Otot Ekstremitas Atas dan Bawah pada Lanjut Usia di Panti Werdha Griya Asih Lawang Kabupaten Malang. Inovasi Kesehatan Global*, 1(4), 43–51. <https://doi.org/10.62383/ikg.v1i4.875>
- Forro SD, Munjal A, Lowe JB. *Anatomy, Shoulder and Upper Limb, Arm Structure and Function*. [Updated 2023 Jul 25]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2026 Jan . Available from: <https://www.ncbi.nlm.nih.gov/books/NBK507841>
- Hamdani, R. R. (2025). Pengaruh latihan handgrip dan push-up terhadap peningkatan kekuatan otot tangan pada ekstrakurikuler bolavoli putra MA Darul Hikmah. *Jurnal Prestasi Olahraga (JPO)*, 8(7), 1–6.
- Hislop, H. J., Avers, D., & Brown, M. (2023). *Daniels and Worthingham's Muscle Testing: Techniques of Manual Examination and Performance Testing* (10th ed.). Elsevier.

- Hutagalung, M.S. (2021). *Panduan Lengkap Stroke: Mencegah, Mengobati dan Menyembuhkan*. Bandung: Nusa Media.
- Lee T-H, Uchiyama S, Kusuma Y, Chiu HC, Navarro JC, Tan KS, Pandian J, Guo L, Wong Y, Venketasubramanian N and for the Asian Stroke Advisory Panel (2024) *A systematic-search-and-review of registered pharmacological therapies investigated to improve neuro-recovery after a stroke*. *Front. Neurol.* 15:1346177. doi: 10.3389/fneur.2024.1346177
- Legoh, K. J., Lampah, C., & Gessal, J. (2023). *Rehabilitasi medik pada gangguan mobilisasi pasca stroke*. *Medical Scope Journal*, 5(2), 198–207. <https://doi.org/10.35790/msj.v5i2.45275>
- Muayanah, & Astutiningrum, D. (2022). Asuhan Keperawatan Pada Pasien Bronkitis Dengan Masalah Bersihan Jalan Napas Tidak Efektif Di UGD UPTD Puskesmas Kroya 1. *Nursing St*, 56.
- Nozoe, M., Kubo, H., Yamamoto, M. *et al.* *Muscle weakness is more strongly associated with functional outcomes in patients with stroke than sarcopenia or muscle wasting: an observational study*. *Aging Clin Exp Res* **36**, 4 (2024). <https://doi.org/10.1007/s40520-023-02672-9>
- Nugraheni, F., & Anita, D. C. (2025). *Studi Kasus Keperawatan: Gangguan Mobilitas Fisik Pada Pasien Stroke Non-Hemoragik*. Prosiding Seminar Nasional Penelitian dan Pengabdian Kepada Masyarakat LPPM Universitas ‘Aisyiyah Yogyakarta, 3, 22 Februari 2025.
- Pratiwi, A. S. (2025). *Asuhan Keperawatan pada Lansia Pasca Stroke dengan Masalah Keperawatan Gangguan Mobilitas Fisik di Wilayah Kerja Puskesmas Segiri Samarinda* [Karya Tulis Ilmiah, Poltekkes Kemenkes Kalimantan Timur]. [Repository Poltekkes Kaltim](#)
- Puspitasari, Maharani & Yunus, Muhammad & Lutfianawati, Dewi & Setiawati, Octa. (2023). HUBUNGAN TINGKAT DEPRESI DENGAN KUALITAS HIDUP PADA PASIEN PASCA STROKE HAEMORRAGIC DI RSUD DR. H. ABDUL MOELOEK. *Jurnal Ilmu Kedokteran dan Kesehatan*. 9. 1135-1145. 10.33024/jikk.v9i4.8602.
- Ratmawati, R., Handini, K. D., & Wardani, Z, (2023). Asupan energi sebagai prediktor kekuatan otot lansia (Energy intake as determinant of muscle strength in the elderly). *Jurnal Kesehatan Poltekkes Kemenkes RI Pangkalpinang*, 11(1), 1-9. <https://jurnal.poltekkespangkalpinang.ac.id/index.php/jkp/article/view/629/pdf>
- Salmawanti, Y., & Siyamti, D. (2025). Pengelolaan Gangguan Mobilitas Fisik dengan *Range Of Motion* pada Stroke Non Hemoragik (Studi Kasus). *Jurnal Keperawatan Berbudaya Sehat*, 3(1), 20–27. <https://doi.org/10.35473/jkbs.v3i1.3411>

- Stolwyk, R., Mihaljcic, T., Wong, D. K., Hernandez, D. R., Wolff, B., & Rogers, J. M. (2024). *Kognisi Pasca-Stroke Berkaitan dengan Kualitas Hidup Penyintas Stroke dan Hasil yang Didapat oleh Pengasuh: Tinjauan Sistematis dan Meta-analisis*. *Jurnal Neuropsikologi*, 34, 1235–1264. <https://doi.org/10.1007/s11065-024-09635-5>
- Surya Manurung, S., Nurhalimah, N., & Manurung, J. S. . (2025). FAKTOR RISIKO TERJADINYA GANGGUAN FUNGSI KOGNITIF PADA PASIEN PASCA STROKE BERULANG DI RUMAH SAKIT UMUM IMELDA PEKERJA INDONESIA MEDAN TAHUN 2024. *Jurnal Ilmiah Keperawatan IMELDA*, 11(2), 226–235. <https://doi.org/10.52943/jikeperawatan.v11i2.1979>
- Syahrir, A., Cahyani Maliki, W., & Aswad, Y. (2025). Penerapan ROM Aktif Cylindrical Grip dalam Meningkatkan Kekuatan Otot Ekstremitas Atas pada Pasien Stroke Iskemik di Klinik Kinesia Sentra Rehabilitasi. *Public Health and Safety International Journal*, 5(02), 451–458. <https://doi.org/10.55642/phasij.v5i02.1140>
- Wang K, Wang X and Wang Y (2024) Factors, mechanisms and improvement methods of muscle strength loss. *Front. Cell Dev. Biol.* 12:1509519. doi: 10.3389/fcell.2024.1509519
- Wolf, S., Gerloff, C., & Backhaus, W. (2021). Predictive value of upper extremity outcome measures after stroke—A systematic review and metaregression analysis. *Frontiers in Neurology*, 12, 675255. <https://doi.org/10.3389/fneur.2021.675255>
- Yu, G., Sun, C., Hao, S., & Wu, H. (2024). Comparative analysis of pressure ulcer development in stroke patients within and outside healthcare facilities: A systematic review and meta-analysis. *International wound journal*, 21(4), e14840. <https://doi.org/10.1111/iwj.14840> (Retraction published *Int Wound J.* 2025 Apr;22(4): e70545. doi: 10.1111/iwj.70545.)
- Yuan, L., Shen, J., Ye, S., & Zhou, N. (2024). Assessing care dependence status and associated influencing factors among middle-aged hemiplegic stroke patients during the post-acute rehabilitation phase: A correlational study. *Journal of Clinical Nursing*, 33, 2249–2258. <https://doi.org/10.1111/jocn.17124>
- Yuliasani, S. R., Silvitasari, I., & Sumardi. (2023). *Penerapan Range of Motion Cylindrical Grip terhadap kekuatan otot ekstremitas atas dengan stroke non hemoragik*. *Jurnal Ilmiah Ilmu Kesehatan*, 1(3), 463–472.